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PARISH BULLETIN

ST. THOMAS ORTHODOX CATHEDRAL - DUBAI



for members only



Fr. Lany Chacko
Asst. Vicar

On September 14 Church celebrates the Feast of the Exaltation of the Cross. Fixed to its calendar date the Exaltation of the Cross is a feast that celebrates hope and healing, gifts of grace revealed in cruciform symbols, and still offered to the world today. Events related to the discovery of the “true cross” of Christ by Constantine’s mother, Helena, in Jerusalem on September 14, ca. 320 is behind the celebration of this feast. It is believed that a temple to Aphrodite had been raised... upon Golgotha.... The venerable Helen destroyed the temple and the earth removed, revealing the Tomb of our Lord and three crosses.

In retribution for the grumbling of the Hebrews in the desert, YHWH sends saraph serpents among them. Those who are bitten by these poisonous serpents become mortally sick. Moses appeals to YHWH for the people, and is instructed to fashion a model of the serpent and mount it on a pole. “So Moses made a serpent of bronze (Numbers 21:4b-9). In John 3:13-17, Jesus relates his own Passion to the event in the desert: “just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have

eternal life” (verses 14-15.) Christ is lifted upon the cross like Moses’ serpent, to become a source of healing and the passage to everlasting life. Saint Paul in Galatians 6:14: says “We should glory in the cross of our Lord Jesus Christ, for he is our salvation, our life and our resurrection; through him we are saved and made free.”

For our sins [Christ] was lifted high upon the cross, that he might draw the whole world to himself; and, by his suffering and death, he became the source of eternal salvation for all who put their trust in him. The Sign of the Cross The Christian life is lived in the shadow of, and under the sign of, the cross. The death of Jesus on the cross has forever left its mark upon, and changed the shape of, human history. What Christians profess about God, Christ, the Church, and indeed the meaning of life itself, is configured around the cross. It is from reflection on the experience of cross and resurrection that the whole of Christian theology has its origins.

The cross is a sign of love, bestowal, sacrifice, and redemption. The Cross is also a sign of sufferings and endurance: The sufferings which the Lord endured for us. Therefore the apostle said about Him: “who for the joy that was set before Him endured the cross, despising the shame” (Heb: 12:2). That is a lesson for us. While we suffer a cross, if we endure the tribulation of the cross for the Lord, or

if we are hit with disease or weakness for that we will bear a cross. We crucify our thoughts each time they want to make us wandering. Likewise we restrain our senses, we bridle our tongue, and we constrain ourselves from every corporal pleasure and from the love of money. We bear our cross in our self-denial, by taking the last place, by not seeking dignity, by giving up our rights, by not taking our reward on earth, by humility and renouncement, and by keeping away from praise and dignity.

Coming roughly at the midpoint between Easter and Christmas, after many Sundays of meditation on the life, miracles and teaching of Jesus, the Exaltation of the Cross is a necessary reminder of the central mysteries of Christian faith. In the Paschal Mystery

is contained the very power of the death and resurrection of Christ. This power carries with it the promise of redemptive transformation. In the face of the human experience of pain and godforsakenness, Christians recall with hope the reconciliation and healing extended by Christ the head to his body the Church. What is celebrated at each Eucharist, the proclamation of the “Lord’s death until he comes,” is highlighted and given new force at the turning of the seasons. With this special reason [the Church] celebrates [this] feast now at the beginning of autumn; the Cross is “raised” against the rising darkness, a symbol of the might of hell, The Church wishes to “raise again the sign of the Son of Man” which will appear at His Second Coming.



ST. THOMAS ORTHODOX CHRISTIAN YOUTH MOVEMENT

REGULAR MEETING

Divyabodhanam Class - Every Monday 8 pm to 9.30 pm (To increase general awareness of the Bible, Church History & Basic Beliefs of the Malankara Orthodox Sabha.)

More Informations Contact: Moncy Cherian 050-1690102

OCYM Job Cell - Highly active Job Cell that matches job seekers with employers from a wide range of sectors.

Library - Library opens every Friday after the holy mass. More than 10,000 collection of books in various topics. Especially the books available for children. Library membership will be available for all the church members.

Contact Rajoy M. Rajan 052-7714024

Email : ocymdubai@gmail.com Website: www.stthomasocymdubai.org

Job Cell : jobcellocymdubai@gmail.com

MOMS

Regular meeting

MGOCM

Regular meeting



St. Philip the Apostle

Philip was born in Bethsaida, Galilee. He is mentioned as one of the Apostles in the lists of Matthew, Mark, Luke, and in Acts. He also was among those surrounding St. John the Baptist when the latter first pointed out Jesus as the Lamb of God. He was called by Jesus Himself and brought Nathanael to Christ. Philip was present at the miracle of the loaves and fishes. When Philip, after Christ had spoken to His Apostles of knowing and seeing the Father, said to Him: "Lord, show us the Father, and it is enough for us", he received the answer: "He that seeth me, seeth the Father also" (xiv, 8-9)

Philip was a man with a warm heart and a pessimistic head. He was one who would very much like to do something for others, but who did not see how it could be done. Yet this simple Galilean gave all he had. In return God used him.

According to tradition he preached in Greece and was crucified upside down at Hierapolis under Emperor Domitian. The symbol of Philip is a basket, because of his part in feeding of the five thousand. It is he that stressed the cross as a sign of Christianity and victory. The Eastern Orthodox Church celebrates Philip's feast day on 14 November.



H.G. ALVARES MAR JULIUS

H.G was born on 29th April 1836 in the region of Goa. H.G. Alvares Mar Julius was ordained as a Priest of Catholic Order in 1869. As a priest and a staunch freedom fighter of Goa, the eminent personality, Fr. Alvares, served in his land for spiritual and social upliftment of his countrymen for a span of eighteen years during 1869-1887.

In 1887, Parumala Mar Gregorios Metropolitan ordained Fr. Alvares to the monastic order of Ramban and later on 1889 he was consecrated as a Metroplitan by Malankara Metropolitan Pulikkottil Mar Joseph Dionysius II and St. Geevarghese Mar Gregorios (ParumalaThirumeni).

H.G was appointed as the first Metropolitan for the diocesan area of outside Kerala of Malankara Orthodox Church. H.G started the Brahmawar mission at Karnataka in 1888. This mission was started in order to give spiritual leadership and to help them to learn liturgy and catechism of the Church for those people newly joined to the Orthodox Church from the surrounding regions.

In 1913, he left Brahmawar and went back to Goa. He spent the rest of his life for collecting food for the poor people in Goa. His Grace Entered into eternal abode on 23rd September, 1923 at Ribandar, Panji, Goa and interred mortal remains in Goa.

SLEEBO-THE FEAST OF HOLY CROSS

On the Feast of the Exaltation of the Cross (or Triumph of the Cross) we honor the Holy Cross by which Christ redeemed the world. The public veneration of the Cross of Christ originated in the fourth century, according to early accounts, beginning with the miraculous discovery of the cross on September 14, 326, by Saint Helen, mother of Constantine, while she was on a pilgrimage to Jerusalem - the same day that two churches built at the site of Calvary by Constantine were dedicated.

The observance of the Feast of the Exaltation (probably from a Greek word meaning “bringing to light”) of the Cross has been celebrated by Christians on September 14 ever since. In the Western Church, the feast came into prominence in the seventh century, apparently inspired by the recovery of a portion of the Cross, said to have been taken from Jerusalem the Persians, by the Roman emperor Heraclius in 629.

Each year on the fourteenth of September, the faithful come together in her churches for a unique celebration bound up in mystery and paradox. In this season the Cross, that most horrible of tools, is hallowed in the center of the church. The bishop/priest, taking the cross, processes to the center of the church where, as through it he presents his blessing, the people intone a solemn ‘Lord, have mercy’. Christians “exalt”

the Cross of Christ as the instrument of our salvation. Adoration of the Cross is, thus, adoration of Jesus Christ, God and Man, who suffered and died on this instrument of torture for our redemption from sin and death. The cross represents the One Sacrifice by which Jesus Christ, obedient even unto death, accomplished our salvation. The cross is a symbolic summary of the Passion, Crucifixion and Resurrection of Christ – all in one image.

On this great day, the precious Cross of Christ is not only venerated, it is exalted. It is elevated to the place of greatest honor, adored again and again as the ‘footstool’ by which Christ reigns over the universe. On this day, perhaps more than most other days, the full paradox of the Cross is loudly proclaimed: this instrument of most horrible death is become the ensign of victory and eternal life.

We remember Our Lord’s words, “He who does not take up his cross and follow me is not worthy of me. He who finds his life will lose it, and he who loses his life for my sake shall find it.” (Mt 10:38, 39). Meditating on these words we unite ourselves - our souls and bodies - with His obedience and His sacrifice; and we rejoice in this inestimable gift through which we have the hope of salvation and the glory.

ചിലിപ്പോസ് മാർ തെയോഫിലോസ്

1911 മെയ് 9 ന് കോട്ടയം പുത്തനങ്ങാടി കല്ലുപുരയ്ക്കൽ വീട്ടിൽ ശ്രീ. കോരയുടെയും മറിയാമ്മയുടെയും ആറാമത്തെ പുത്രനായി ജനനം. ചെറുപ്പകാലം മുതൽക്കേ ആത്മീയ കാര്യങ്ങളിൽ അതീവ തൽപരനായിരുന്ന തിരുമേനി കൊച്ചി മഹാരാജാസ് കോളേജിൽ നിന്നും ബിരുദവും തുടർന്ന് വിദേശത്തു നിന്ന് ബിരുദാനന്തര ബിരുദവും പ്രശസ്തമായ അമേരിക്കയിലെ ഹാർവാർഡ് സർവകലാശാലയിൽ നിന്ന് Ph.D യും കരസ്ഥമാക്കി.

1929 ൽ ശെമ്മാശുപട്ടവും, 1944 ൽ വൈദിക സ്ഥാനവും 1966 ഓഗസ്റ്റ് 24 ന് ഔഗേൻ കാതോലിക്ക ബാവാ മേൽപ്പട്ടസ്ഥാനത്തേക്ക് ഉയർത്തി അങ്കമാലി ഭദ്രാസനത്തിന്റെ അധിപനായി നിയമിതനായി. 1979 ൽ മുംബയ് ഭദ്രാസനത്തിന്റെ ചുമതല ഏറ്റെടുത്ത തിരുമേനി, മലങ്കരസഭയുടെ ബാഹ്യകേരള ഇടവകകൾക്കു വേണ്ടി പ്രശംസനീയമായ സേവനമനുഷ്ഠിച്ചു.

1997 സെപ്റ്റംബർ 28 ന് ആ പുണ്യാർത്ഥവ് കാലം ചെയ്തു. ആലുവ ത്രിപ്പൂന്നത്ത് സെമിനാരിയിൽ അന്ത്യവിശ്രമം കൊള്ളുന്ന തിരുമേനിയുടെ മദ്ധ്യസ്ഥത തേടി ഇന്ന് അനേകം ആളുകൾ എത്തിക്കൊണ്ടിരിക്കുന്നു.



Kids CORNER

Bible Quiz

1. Who was the person who killed the giant named Goliath?
 - David
 - Saul
 - Solomon
 - Jonathan

2. What occupation did Jesus have prior to his ministry?
 - Tentmaker
 - Fisherman
 - Vineyard Keeper
 - Jerusalem

3. What is the fifth commandment?
 - Don't Lie
 - Don't Steal
 - Do not commit adultery
 - Honor your father and your mother

4. Which disciple called himself Jesus' favorite?
 - Matthew
 - Mark
 - Luke
 - John

5. Which prophet predicted that the Messiah would be born in Bethlehem?
 - Jonah
 - Hosea
 - Daniel
 - Micah

6. Who is the author of the Book of Revelation?
 - St. John
 - St. Paul
 - St. Matthew
 - St. Peter





കുതിപ്പ് 2016

ST. THOMAS ORTHODOX CATHEDRAL, DUBAI

ദുബായ് സെന്റ് തോമസ് ബർത്തഡോക്സ് കത്തീഡ്രൽ ഉടവകയുടെ ഈ വർഷത്തെ ജീവകാരുണ്യ പ്രവർത്തനങ്ങൾ



50 HEART PATIENTS
(Treatment including Heart Surgery)

50 ഹൃദയാഘാതങ്ങൾ അല്ലെങ്കിൽ ഉൾപ്പെടെയുള്ള ചികിത്സ സൗജന്യമായി ലഭിക്കുന്നു. ഒരു രോഗിക്ക് ശരാശരി ഒരു ലക്ഷം രൂപ ചെലവ് പ്രതീക്ഷിക്കുന്നു.



50 KIDNEY PATIENTS
(Free Dialysis for 1 year)

ഡയാലിസിസ് ആവശ്യമായ 50 രോഗികൾക്ക് അടുത്ത ഒരു വർഷത്തേക്ക് ഡയാലിസിസ് പൂർണ്ണമായും സൗജന്യമായി ലഭിക്കുന്നു.



**PRAY,
PARTICIPATE &
PROMOTE**

50 CANCER PATIENTS
(₹ 5000/- month to each cancer patient for 1 year)

കിരീടാണുസംഹാരം 50 ക്യാൻസർ രോഗികൾക്ക് പ്രതിമാസം 5000 രൂപ നിരതം തുടർ ചികിത്സയ്ക്കായി നൽകുന്നു.

കൂടുതൽ വിവരങ്ങൾ നേടാൻ സഹായത്തിനായി പരസ്യം നൽകുന്ന സമയത്തിൽ 3 ബോധവൽക്കരണ കമ്മ്യൂണിറ്റിയിൽ 5000 രൂപ മാത്രം ചെലവിൽ നിർമ്മിച്ചിട്ടുള്ള ക്യാൻസർ രോഗികളുടെ ആരോഗ്യപരിരക്ഷാ സഹായകരണ പ്രതിഷ്ഠിക്കുന്നു.

Tel: 04 - 3371122, Email: info@stthomas cathedraldubai.com, Website: www.stthomas cathedraldubai.com

HOLY SERVICES, PRAYERS & MEETINGS

Fridays	: 06.30 am - 07.15 am	Night Prayer, Morning Prayer
	: 08.15 am - 10.30 am	Holy Qurbana
Fridays	: 06.45 pm - 07.15 pm	Evening Prayer
	: 07.15 pm - 09.00 pm	Holy Qurbana
Sundays	: 07.10 pm - 07.45 pm	Evening Prayer
	: 07.45 pm - 09.30 pm	Holy Qurbana
Wednesdays	: 07.30 pm - 08.30 pm	Evening Prayer & Intercessory Prayer for St. Mary
Saturday, Monday, Tuesday	: 07.00 pm - 07.30 pm	Evening Prayer
Thursdays	: 07.00 pm - 09.15 pm	Holy Confession, Evening Prayer
		Intercessory prayer to St. Thomas
		Church Prayer Meeting & Choir Practice
Retreat	: 09.00 am - 12.30 pm	Every Month Second Wednesdays

SEPTEMBER Highlights

- 02.09.2016 : 142nd Memorial of Yuyakim Mar Koorilose Metropolitan
- 08.09.2016 : Feast of the Birth of St. Mary – the Mother of God
- 09.09.2016 : Comme. Of St. Mary’s Parents - Yuyakim and Hanna
- 14.09.2016 : Sleebo – The Feast of Holy Cross
- 15.09.2016 : 104th Anniversary of the Establishment of Catholicate in Malankara
- 23.09.2016 : 93rd Memorial of Alvaris Mar Yulios
- 24.09.2016 : Comme. Of St. Dimeth the Persian
- 25.09.2016 : 122nd Memorial of H.H.Ignatios Peter III Patriarch
- 28.09.2016 : 19th Memorial of Philipose Mar Theophilos

CHURCH OFFICE BEARERS - 2016

Rev. Fr. Shaji Mathews	<i>Vicar & President</i>	052 8711031	frshajimathews@yahoo.co.in
Rev. Fr. Lany Chacko	<i>Asst. Vicar</i>	050 8379905	frlanychacko@gmail.com
Johnson D.Y.	Hon. Trustee	050 6540115	johnsondy4@gmail.com
Babuji George	Hon. Secretary	055 6123959	bajigeorge@hotmail.com
Shaji Punchakonam	Hon. Jt. Trustee	055 7294045	shaji.punchakonam@gmail.com
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